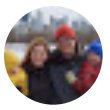




Present

Share



1

Spirituality and Gratitude in Recovery

April 16, 2021  
Rev. Dr. Liz Hulford, DMIN, BCC

2

Objectives

- Attendees will learn about the role and importance of spirituality in recovery on an individual and programmatic level.
- To provide evidence-based research on spirituality and gratitude in recovery.
- Attendees will learn about the history and practice of gratitude across cultures.
- To explore the concept of gratitude as a tool for resilience.
- Attendees will learn strategies for incorporating spirituality and gratitude into their professional practices.

3

Welcome to Spirituality

4

Spirituality or Religion



# Spirituality and Gratitude in Recovery

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Rev. Dr. Liz Hulford, DMIN, BCC

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